



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

Employee Wellness Communication

EWC 68

Health Awareness Days



2016 - SA

JANUARY

Skin Cancer Awareness Month

- 1 New Year's Day (Public Holiday)
- 4 World Braille Day
- 31 World Leprosy Day

FEBRUARY

Healthy Lifestyles Awareness Month

Environmental Awareness Month

Reproductive Health Month

- 4 World Cancer Day
- 9 International Epilepsy Day
- 10-16 STI/Condom Week
- 08-14 Pregnancy Awareness Week
- 19 Healthy Lifestyles Awareness Day

MARCH

TB Awareness Month

- 4-8 School Health Week
- 6-12 World Glaucoma Week
- 8 International Women's Day
- 10 World Kidney Day
- 16-22 Salt Awareness Week
- 20 World Head Injury Awareness Day
- 21 Human Rights Day (Public Holiday)
- 21 World Down Syndrome Day
- 24 World TB Day
- 25 Good Friday (Public Holiday)
- 26 Holiday Holy Saturday
- 27 Easter Sunday
- 28 Family Day (Public Holiday)

APRIL

Health Awareness Month

- 2 World Autism Awareness Day
- 7 World Health Day
- 17 World Haemophilia Day
- 24-30 African Vaccination Week
- 25 World Malaria Day
- 27 Freedom Day (Public Holiday)

MAY

Anti-tobacco Campaign Month

International Multiple Sclerosis Month

Burns Awareness Month

- 1 International Workers Day (Public Holiday)
- 2 (Public Holiday)
- 1-8 Hospice Week
- 5 World Hand Hygiene Day
- 6-12 Burns Awareness Week
- 8 World Red Cross Day
- 8 Mothers Day
- 10 World Move for Health Day
- 12 International Nurses' Day
- 12 World Chronic Fatigue and Immune Dysfunction Syndrome Day
- 15 May to 15 June Go Turquoise for the Elderly Month
- 15 International Candlelight Memorial Day
- 17 World Hypertension Day
- 27 May to 2 June National Child Protection Week
- 28 International Day of Action for Women's Health
- 31 World No Tobacco Day

JUNE

National Blood Donor Month

National Youth Month

Men's Health Month

- 1 International Children's Day
- 2 International Cancer Survivors' Day
- 3-9 World Heart Rhythm Week
- 4 International Day of Innocent Children – Victims of Aggression
- 5 World Environment Day
- 14 World Blood Donor Day
- 15 World Elder Abuse Awareness Day
- 16-21 National Epilepsy Week
- 16 Youth Day (Public Holiday)
- 19 Fathers Day
- 20-26 National Youth Indaba
- 21 National Epilepsy Day
- 24-28 SANCA Drug Awareness Week
- 26 International Day against Drug Abuse and Illicit Drug Trafficking

JULY

Mental Illness Awareness Month

- 1-5 Corporate Wellness Week
- 11 World Population Day
- 18 International Mandela Day (Mandela Birthday)
- 28 World Hepatitis Day

AUGUST

Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

National Women's Month

Organ Donor Month + Child Health Month

- 1-6 Rheumatic Fever Week
- 1-7 National Breastfeeding Week
- 1-7 CANSA Care Week
- 3 -28 HPV Vaccination Campaign
- 6-12 Polio Awareness Week
- 9 National Women's Day (Public Holiday)
- 26-31 African Traditional Medicine Week
- 31 African Traditional Medicine Day

SEPTEMBER

Albinism Awareness Month, Bone Marrow Stem Cell Donation and Leukaemia Awareness Month (15 August to 15 October)

Cervical Cancer Awareness Month

Childhood Cancer Awareness Month

Eye Care Awareness Month (19 September to 16 October)

Muscular Dystrophy Awareness Month

National Heart Awareness Month

National Month of Deaf People

National Oral Health Month

- 5-11 Pharmacy Week
- 2-6 Kidney Awareness Week
- 2-6 Back Week
- 9 International Foetal Alcohol Syndrome Day
- 10 International Gynaecological Health Day
- 14 National Attention Deficit Hyperactivity Disorder Day (ADHD)
- 21 World Oral Health Day
- 21 World Alzheimer's Day
- 23 Commencement of Eye Care Awareness Month
- 24 Heritage Day (Public Holiday)
- 26 World Contraception Day
- 26 World Environmental Health Day

SEPTEMBER Cont..

- 26 World Retina Day
- 28 World Rabies Day
- 29 World Heart Day

OCTOBER

Breast Cancer Awareness Month

Mental Health Awareness Month

- 1 International Day for Older Persons
- 1 National Inherited Disorders Day
- 9-15 National Nutrition Week
- 9 International Day for Disaster Reduction
- 9 Partnership against AIDS Anniversary
- 10 World Mental Health Day
- 10 World Hospice and Palliative Care Day
- 11-17 Case Manager Week
- 12-20 World Bone and Joint Week
- 12 World Arthritis Day
- 12 National Bandana Day
- 13 World Sight Day
- 15-19 National Obesity Week
- 15 National Foetal Alcohol Syndrome Day
- 15 Global Hand Wash Day
- 16 World Food Day
- 16 World Spine Day
- 17 World Trauma Day
- 17 International Day for Eradication of Poverty
- 20-26 International Lead Poisoning Prevention Week
- 20 National Down Syndrome Day
- 20 World Osteoporosis Day
- 23 National Iodine Deficiency Disorder Day
- 24 World Polio Day
- 28 October to 3 November World Stroke Week
- 29 World Stroke Day
- 30 Commemoration of African Food and Nutrition Security Day

NOVEMBER

Quality Month

Red Ribbon Month

- 2 National Children's Day
- 3 Disability Rights Awareness Month
- 2-6 SADC Malaria Week
- 4-10 National Cardiopulmonary Resuscitation (CPR) Week
- 9 SADC Malaria Day
- 9 World Quality Day
- 14 World Diabetes Day
- 14-20 National Antibiotic Awareness Week
- 25 International Day for the Elimination of Violence against Women
- 25 November to 10 December 16 Days of Activism for No Violence against Women and Children

DECEMBER

Prevention of Injuries Month

Sunsmart Skin Cancer Awareness Month

- 1 World AIDS Day
- 3 International Day of Disabled Persons
- 5 International Volunteers Day
- 9 World Patient Safety Day
- 16 Day of Reconciliation (Public Holiday)
- 24 Christmas Eve
- 25 Christmas Day (Public Holiday)
- 26 Day of Good Will (Public Holiday)
- 31 New Year's Eve

Alan Brand
POSITIVELY ALIVE cc
Employee Wellness Consultant and Specialist Health and Wellness
Training Service Provider
CK2010/002085/23
Mobile: +27 (0)2 453-0560
Direct Line: +27 (11) 482-5605
Fax to mail: 086 245 6833
E-mail: albrand@iafrica.com
Website: www.positivelyalive.co.za
BEE Exempt - Micro Enterpriser Level 4 EME Entity

National Department of Health Postal Address: Private Bag X828 / Pretoria / 0001 /
Physical Address: Civitas Building 242 Struben Street / Pretoria / 0001 / Tel: 012 395
8000 www.health.gov.za
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