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CK2010/002085/23

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SAQA Unit Standard Aligned Training

BEE Exempt - Micro Enterprise Level 4 EME Entity

HIV/AIDS Awareness Training

- SAQA US ID 12203, NQF Level 1 (Credits 2) Demonstrate knowledge of issues relating to HIV and AIDS
- SAQA US ID 12463, NQF Level 2 (Credits 3) Understand and deal with HIV/AIDS

Target market:

All employees at all levels and entry minimum requirement for the HIV/AIDS Counselling Skills for Peer Educators and Care Givers training module:

Course Duration:

One (1) full day.

Training Objectives:

The aim of this training program is:

- To update the delegate on new findings and statistics as understand and the impact and apply critical thinking to these figures and statistics aimed at improving the individual and business responses to HIV/AIDS.
- To provide delegate with improved and updates information about correct and incorrect responses to HIV/AIDS while improving the understand the basic about HIV and AIDS in general
- To provide knowledge and skills to empower employees to prevent the spread HIV/AIDS
- To inform people living with HIV/AIDS about their rights and the law
- The delegates will gain knowledge on the latest developments in prevention, treatment and international response towards the international targets and strategic initiatives aimed at ending the HIV/AIDS epidemic by 2030.

Course Content:

- International and South African statistics on the incidence of HIV/AIDS
- What is HIV? What is AIDS?
- Understanding the disease and its progression
- Understanding the immune system
- How does HIV infection occur?
- What are an HIV test, viral load and CD4 Test?
- What is "SAFER SEX"
- Mother to Child Transmission
- Occupational Exposure to HIV
- Rape and HIV transmission
- Pre Exposure Prophylaxis (PreP) and Post Exposure Prophylaxis (PeP)
- Universal precautions
- Basic First Aid and HIV
- The HIV test and your rights at work
- Workplace HIV/AIDS policy
- Guidelines on managing an HIV positive employee
- Living positively
- Understanding ARV therapy, adherence, new developments in treatment and care.
- The relationship between HIV and the increased incidence of TB, diabetes, cholesterol and other related health conditions
- UNAIDS Goals 90-90-90 – Strategies towards ending HIV/AIDS – Treatment of prevention, U=U
- Evaluation and completion of Port folio's of evidence.