



Provider Accreditation Number: 9639

**Alan Brand**  
**Employee Wellness Consultant / Specialist**  
**Wellness Training Provider**  
**Owner / Sole Proprietor**  
**POSITIVELY ALIVE<sup>cc</sup>**  
**CK2010/002085/23**

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BEE Exempt - Micro Enterprise Level 4 EME Entity

### **HIV/AIDS Awareness Training**

- SAQA US ID 12203, NQF Level 1 (Credits 2) Demonstrate knowledge of issues relating to HIV and AIDS
- SAQA US ID 12463, NQF Level 2 (Credits 3) Understand and deal with HIV/AIDS

#### **Target market:**

All employees at all levels and entry minimum requirement for the HIV/AIDS Counselling Skills for Peer Educators and Care Givers training module:

#### **Course Duration:**

One (1) full day.

#### **Training Objectives:**

The aim of this training program is:

- To raise the awareness to the reality of HIV/AIDS
- To provide managers and employees with information about correct and incorrect responses to HIV/AIDS
- To provide knowledge and skills to empower employees to prevent the spread HIV/AIDS
- To inform people living with HIV/AIDS about their rights and the law

#### **Course Content:**

- International and South African statistics on the incidence of HIV/AIDS
- What is HIV? What is AIDS?
- Understanding the disease and its progression
- Understanding the immune system
- How does HIV infection occur?
- What are an HIV test, viral load and CD4 Test?
- What is "SAFER SEX"
- Mother to Child Transmission
- Occupational Exposure to HIV
- Rape and HIV transmission
- Pre Exposure Prophylaxis (PreP) and Post Exposure Prophylaxis (PeP)
- Universal precautions
- Basic First Aid and HIV
- The HIV test and your rights at work
- Workplace HIV/AIDS policy
- Guidelines on managing an HIV positive employee
- Living positively
- Understanding ARV therapy
- The relationship between HIV and the increased incidence of TB, diabetes, cholesterol and other related health conditions

### **Costs and Additional Information**

#### **Fees for 1 Day Training Modules: - (Based on a minimum of 6 delegates but limited to a maximum of 25 delegates)**

Daily training facilitation rate @ R 8, 500.00 /day, plus an additional R 55.00/delegate for the cost of printed manuals, evaluation and certification etc.

Discounts can be negotiated if a business agreement is reached where client are able to commit to using Positively Alive as their preferred employee health, wellness and safety training service provider. Please make inquiries about discount rates for multiple training sessions.

- The listed training facilitation rates are applicable where training modules indicated are provided at the clients/customers own training premises, venues and/or facilities.



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- The fees quoted exclude the costs of all meals, refreshments and any other miscellaneous items provided by the clients to the delegates.
- Handouts, worksheets and any other training aids provided by Positively Alive are included in the per delegate rate charged unless specified. (Training manuals, issued to delegates, as specified below will be billed at cost to the client)
- The quoted fees excluded: travel, accommodation and meals for the training facilitator where training is required out of Gauteng Province. These costs will be negotiated directly with the client and all costs will be for the clients own account.