

Public Speaking - Skills Development for HIV/AIDS Peer Educators, Ambassadors and Employee Wellness Champions

Unit Standard Information

- SAQA US ID 114941 – Apply knowledge of HIV/AIDS to a specific business sector and workplace. NQF Level: 3, Credits: 4
- SAQA US ID 13169 - Describe and discuss issues relating to HIV/AIDS, TB and sexually transmitted illnesses and their impact on the workplace. NQF Level: 1, Credits: 4
- SAQA US ID 114491 – Educate and work closely with the community with regard to sexually transmitted infections (STIs) including Human Immune Virus/Acquired Immune Deficiency Syndrome (HIV/AIDS) NQF Level: 4, Credits: 10

Target market:

HIV/AIDS Peer educators, ambassadors and wellness champions who are established and have a proven track record of successfully conducting and implementing workplace HIV/AIDS peer educator's programmes and awareness initiatives in the workplace or community.

Course Duration:

5 full days: (The 5th day comprises of practical presentation evaluation)

Training Objectives:

- To provide skills in the facilitation presentation and public speaking ability in respect of HIV/AIDS, and related chronic diseases management training modules in the workplace awareness presenting skills.

Course Content:

Day 1

- Understanding the dynamics and sensitivity of sex and sexuality (Meeting the needs of the audience)
- Facilitation of behavioural change through public speaking
- Characteristics of the public speaker
- Elements of a successful public speaking

Assignment instruction for day 2 – 10 minute practical presentation to class by each delegate

Day 2

- Introduction to verbal communication skills:
 - Conveying your message effectively.
 - Being clear and unambiguous when delivering your message.
 - Effectively receiving feedback from others.
 - Ensuring a clear message
 - Choosing the correct communication language for specific audiences:



Alan Brand
Employee Wellness Consultant / Specialist Wellness
Training Provider
Owner / Sole Proprietor
POSITIVELY ALIVE^{cc}
CK2010/002085/23

6 Ouhout Avenue
Weltevreden Park, 1709
Johannesburg, Gauteng, South Africa
Mobile: +27 (82) 453-0560
E-mail: albrand@iafrica.com or
alan.brand@positivelyalive.co.za

SAQA Unit Standard Aligned Training

- Communicating to peers versus seniors and others

Day 3

- Positive messages vs fear based awareness:
- The public speakers values
- Important communication skills
 - How importance is the first impression you make
 - Non - verbal skills.
 - Body language
 - Dressed for success

Day 4

- Does and don'ts when presenting
- Respecting the audiences values and being attentive to the needs of the audience
- Effective use of media techniques (selecting and using appropriate media tools)
- Developing and writing an effective message as a public
- Creating a professional speakers portfolio and résumé
- The public speakers pledge:
- Presentation skills – (Practical application) - Guidelines on preparation for day 5 presentations.

Day 5

Practical evaluation of delegate's skills and abilities achieved throughout the 4 days will be evaluated by each delegate presenting a 30 minute in class presentation of their choice of topic and content. Individual presentation evaluation will be facilitated with constructive feedback to each delegate.