



POSITIVELY ALIVE

NKULI TLEANE

Psychosocial Therapist | Kwelanga Consulting | Gauteng | Parkhurst 2159|

Background

Nkuli is a Psychosocial Therapist who is registered with Council of Counsellors South Africa (CCSA). Nkuli grew up in both urban and rural areas. She understands how cultural shock can limit your ability to excel socially and academically. She does not only use psychology as means to understand the society but also show how we get affected by the social and cultural constructs. Her passion in public speaking is about engaging our society to unlearn and relearn healthy ways to engage with each other.



Objective

Nkuli is responsible in helping to facilitate change and perspectives of the individuals, families and groups to cope with day to day challenges they may be facing. Her work includes looking at who we are and what the social aspect says and re-interpret our environment to cope emotionally. We may or not have friends we talk to, but we are all going through our own challenges, thus people close to us may not able to be objective in what you are going through. She offers listening without any judgment but help in reaching a solution through one on one counselling, coaching, training and facilitating workshops and public speaking.

Career History and Present

Started at Life line and proceeded to African Leadership Academy as a counsellor (NGO) school for teenagers with diverse cultural and social backgrounds from the continent. Nkuli to date is a practicing Psychosocial therapist and owner of Kwelanga Consulting. She consults in different companies including Market theatre (The Lab) and Photo workshop. Speaking engagements and training includes and not limited to:

- Gender based Violence
- Understanding the importance of sexual harassment and the importance of consent in the workplace and general
- Psychology and Us
- Conflict and stress management
- Time management
- Management training
- Young adults and Parents talk
- Self-Love
- Program Facilitation
- Woman's day engagements
- Causes of stress and mental health
- Mental health and social issues talks on various radio stations and T.V programs

To book, ***Nkuli Tleane as your motivational speaker contact:***

Alan Brand
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Employee Wellness Consultant and Specialist Trainer
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